



## Rediscover the Christ Path™

### Rediscovering the Christ Path

#### Module One

Isabella: Hello and welcome, everyone, to Module One of your Shift Network course *Rediscover the Christ Path* with Andrew Harvey. Today's session is titled "Rediscovering the Christ Path." I'm Isabella, your host. Please join me in welcoming Andrew Harvey to the session. Welcome, Andrew. They're all yours.

Andrew: Hello, hello, hello, all of you. I wish I could reach through this screen and give you all a huge hug of gratitude for joining me in this adventure. Nothing is more sacred to me than my relationship with Jesus and the Christ consciousness. I am so honored and delighted to be able to share with you what I have been given to give to you at this amazing and tragic moment of our evolutionary journey. Let the first word between us be Jesus' words. I've selected a passage from a Gnostic gospel, which you may not yet know, but which is, as so many of the Gnostic gospels, are a revelation of the true Jesus, the real Jesus, the complete Jesus. This Gnostic gospel is the Acts of John. I'm going to read you a passage in a moment about what Jesus said and did when he knew that he was going to be arrested and taken out to be crucified.

Before I read you this passage, I want to set this passage in its context. He had just finished the Last Supper. He had begun the Last Supper by completely deranging all his disciples by dressing as a female servant and washing their feet. By doing that, at that moment which he knew we'd be indelibly marked in their hearts forever, he was trying one last wonderful time to dissolve all the barriers between him and them, and to show them not only how much he loved, adored, admired and respected them, as he loves, adores, respects and admires all of us and all human beings, but also to show that when you are born into your unique Christhood the way that unique Christhood expresses itself most beautifully and nobly is in the humblest imaginable, tenderest imaginable service of others. Then he gave them the last and the greatest of all imaginable teachings. The teaching summed up everything that he was and is. He gave them himself in the mass.

All of you will remember what he said. What he said was, as he poured the wine, he said. And please, my beloved friends, never forget this because this is the key of keys. He said, "Drink this wine in remembrance of me. And with this wine, I give you my blood." He didn't say, "With this wine, I give you my teachings." He didn't say, "With this wine, I give you my light consciousness." He said, "With this wine, I give you my blood." I give you my essence. I pour my blood that is infused with my divine truth, my divine power, my divine love, my divine wisdom, my divine passion, my divine compassion. I infuse this into your blood, into your essence, so that you can live in me as a unique form of me. Just try and take in how radical, revolutionary, visceral, how passionate, how naked that is. Then he said, "Take and break this bread. And when you eat it, know that you are eating my body." My body. What the great Christian mystics who have meditated their lives on this know is that when he said that, and when he offered the bread as his body, he was offering us in our bodies a comingling with his divine body. So that the divinity inherent in our body could wake up to its humble majesty and splendor.

I was reflecting on those words this afternoon when I went to get a haircut in your honor in the rain in Oak Park. Suddenly, I found myself sobbing because there are no more beautiful words ever given by a divine Beloved to his beloveds than those words. They go to the heart of the heart of everything that Jesus was and is. I would beg you to write down one word, just one word, and meditate on that word for all the time we spend together. That one word is incarnation. Jesus has been worshipped as the incarnation of God. God in a body come to us. But what Jesus was doing in the Last Supper was showing you and I and all human beings that he wasn't the unique and only and forever only incarnation of God. He was showing us that we, you and I, are also potentially just as noble, just as beautiful, just as holy, just as complete, just as integrated in radiant mind, radiant heart and increasingly divinized body as he was.

I have known that interpretation for many years. But today in the rain, going to have my haircut, it just lanced my whole being with a flame sword. I sobbed at the grandeur, the beauty, the generosity and the unbelievable extravagant mercy of that true revelation of who he is and was. A revelation that so many, if not all the churches have forgotten. A revelation that belongs, my darlings, to you and I just as much as it belonged to him. A revelation that we now must claim in humility, awe and gratitude for ourselves. The true meaning of his life, his passion, his message, his heroism, his courage, his unbelievable tenderness can really come through at last, transfigure us and birth us together into the next level of our evolutionary destiny. So that we can rise to the challenge of these apocalyptic times with fearlessness, calm and passionate compassion, and birth together a new creation, a new world, and a new human race.

That's the context of the words that I'm about to read to you. I can't help hoping that you've never heard them before because they are so beautiful and such an incandescent inspiration to all of us to rise in a humble grandeur as divine human beings and face all that we have to face with imperturbable, undaunted grace. Listen to the Acts of John. You'll find it on page 260 of my book *The Son of Man*.

"Before I am delivered to them, let us sing a hymn to the Father and so go to meet what lies before us. So he told us to form a circle, holding one another's hands." I want you now to imagine that all of us are now that circle, and we are holding each other's hands before what lies before us. We are watching with great love, great tenderness and great anxiety for the future of the human race that being who is in the middle of the circle, our brother, our beloved, our friend. He told us to form a circle, holding one another's hands, and Jesus stood in the middle and said, "Answer amen to me." I invite you to answer amen to him right now as you listen to the hymn that poured out of him at the moment when he faced the most agonizing and horrifying situation and accepted it, surrendered to it and invoked all the power of his own divine consciousness and the power of the divine cosmic Christ consciousness to give him and us the courage and the humility to go through whatever we have to go through to birth a new humanity as he did.

He began to sing the hymn, and at the end of every phrase, he invites us to say amen with me. If you want to say amen with him, because he is in the middle of the circle right now, our brother, our beloved friend. He is singing this hymn in eternal time right now for us as we go to meet what lies before us. Glory to you, Father. Amen. Glory to you, Mother. Amen. Glory to you, Word. Amen. Glory to you, Wisdom. Amen. Glory to you, Spirit. Amen. Glory to you, Holy One. Amen. Glory to your glory. Amen. Praise to you, Father. Amen. Praise to you, Mother. Amen. Praise to you, Eternal Spirit. Amen. I will be saved and I will save. Amen. I will be bound and I will bind. Amen. I will be loosed and I will loose. Amen. I will be wounded and I will wound. Amen. I will be born and I will bear. Amen. I will eat and I will be eaten. Amen. I will hear and I will be heard. Amen. I will be understood and I am understanding. Amen. I will be washed and I will wash. Amen. I will pipe, dance, all of you. Amen. I will mourn, beat all your breasts. Amen. The holy eight sing in choir with us. Amen. The 12th number dances on high. Amen. Then these two astounding lines. The entire universe belongs to the dancer. Amen. And if you do not dance, you don't know what is happening. Amen. The entire universe belongs to the dancer.

There are five lines of one of humanity's two great universal prophet poets, the greatest poet of India, Kabir, who is Jesus' brother in this great engoldenment birth process that we are in, who knew this birth also in the 15th century in Benares. These five lines echo the transmission of this great gorgeous birth that is trying to take place and happen in the middle of this vast apocalyptic death. Through this vast apocalyptic death we're living, Kabir knew it all as Jesus knew it all. He knew it in his mind, in his heart, and in the increasingly divinized cells of his body. One evening, on his porch of a poor weaver in Benares, he cried out these lines, just as Jesus had done 1500 years before. He cried out, "My father is the absolute Godhead, and my mother is the embodied Godhead, and I am their divine child dancing for them both on the burning dance floor."

That is the message of the cosmic Christ consciousness. The cosmic divine love and wisdom consciousness to all of us from two of its sublimest children, Jesus and Kabir. That message of becoming the dancer, someone who in your heart, mind, soul and body is so alive with divine trust, divine hope, divine compassion, divine illumination, that you're given by grace the ability to dance with the two unprecedentedly extreme opposites that are now manifesting in our world at this ordained moment of apocalypse. What Jesus and the cosmic Christ are calling all of us to realize in ourselves, for ourselves and for each other is that we are nothing less than the divine empowered, embodied human children of the Father, Mother, the absolute and embodied Godhead. We are being called at this moment when every thing is threatened and fragile and hanging by a burning thread not to despair, not to be paralyzed, not to grow hopeless, not to give up.

But to summon up in total faith, the total truth of our real identity and dance with everything we are so we can be increasingly transfigured, and from power and grace given to us from that transfiguration serve and give and do everything in our power to do anything we possibly can to help humanity birth a new divine humanity, a new creation and a new world. That's Jesus' real message. It's a message so thrilling, so moving, so challenging and so empowering that anyone of any faith, sexuality, lack of faith or anyone of any kind, good, evil, middling, what does it matter? That even begins to hear it will hear in it a trumpet call to become completely real, authentic, generous, wild, calm, holy, abandoned to love, and to love in action, beyond religion. Isn't that amazing? That's the Jesus I have been graced for all my flaws and follies to know. That's the Jesus and the Christ consciousness that I am going to attempt to begin to begin to share with you. I want the beginning of my sharing of this Jesus, our revolutionary evolutionary brother, our guide, through the dark night of this apocalypse into the birth that it could potentially be the birth canal for, our brother, our beloved, our friend.

In honor of that Jesus, who has been known, thank God, by many of the great Christian mystics who followed their deepest heart despite the limiting dogmas and concepts of the corrupt churches. One of these extraordinary heroes of divine love was a man called Saint Symeon the New Theologian. That's quite a name, isn't it? Saint Symeon the New Theologian. I get quite jealous when I hear these names. Andrew Harvey seems so tame compared to Saint Symeon the New Theologian. But then he deserved his title, because in the 11th and 12th centuries, when he lived in Byzantium, he experienced the birth of the Christ in him. He experienced it. We know this from his work and from a great, great poem that I'll be sharing with you at a later moment of these transmissions. He experienced this great, great birth as the evolutionary mystics of all the traditions have experienced it, like Kabir, like the great Kabbalists, like the Shaivite mystics, like the Mahayana mystics, like the Vedic mystics.

He experienced this great birth as a birth not just of enlightened consciousness and in the enlightened heart mind, but as a birth of divine presence in the very core of the body as, in fact, a complete transfiguration of the human into the divine human. This is the greatest of all the secrets that Jesus is giving us. This is the key to those sacred words in the mass. This is the key to the transmissions that I'm trying to share with you. If I and you can taste this secret and believe in it, and work with the descending golden light that the mystics know is the light of transfiguration, then there is no limit to what we can be and what we can do even at two minutes to midnight, or perhaps especially at two minutes to midnight. If we don't know now that any other solution born from a lesser consciousness than embodied divine consciousness will fail, we haven't been listening. We haven't been looking. We've been in a dream.

But that dream is being shattered to a far, far greater dream. The great dream in the heart of the Father-Mother to see us as co-creative agents of the kingdom-queendom on Earth. That great dream, which it was Jesus' job to give us can be fulfilled. Saint Symeon the New Theologian wrote this short extraordinary poem in the 11th century, which I tenderly invite you to hear in the context of what I've already shared with you about the mass. What I've already shared with you about Jesus' words and the Acts of John. What I've already shared with you about the invitation to be consciously a divine child born into divine presence in every part of you and a dancer of the opposites, fearless, beautiful, holy and compassionate. Here is Saint Symeon the New Theologian. May these words be your words soon. May they be all our words soon. This is the revelation we need. At the time of the greatest confusion, the greatest pain, the greatest agony, the greatest distress, the greatest chaos, a vision is arising in the core of hundreds of thousands of beings inspired by the great pioneers of this vision. A vision is arising of the birth that this tremendous death prepares. This poem celebrates that birth.

I know the immovable comes down. I know the invisible appears to me. I know that my Beloved, who is far outside the whole creation, takes me within himself and hides me in his arms. And then I find myself outside the whole world. And I, a frail small mortal in the world, behold the creator of the world. All of him within myself. And I know that I shall not die for I am within life. I have the whole of life springing up as a fountain within me. He is in my heart. He is in my mind. He is in the deepest reaches of my body. He is in heaven. Both there and here, he shows himself to me in equal glory.

Just think for a moment. Better just feel for one glorious moment what that last line could mean for you. Both there in total transcendence and here in immanence, God is revealed in equal glory. When God is revealed in equal glory in that way, it is to a being who knows that he or she is both completely human and completely divine, just as Jesus was and is an incarnation of the glory of the glory. That, my friends, is the realest description of you that you will ever hear. It is through the realization of that by hundreds of thousands of people that this terrifying drama that we're living is going to take us if we let it, if we choose it, if we align ourselves with it. How amazing. But don't believe me. Open to the living one in you and all around you. Find out for yourself this all-transforming truth. In the middle of this horror, it will give you calm. In the middle of this agony, it will give you joy. In the middle of the demolition of all structures, it will give you the sacred imagination to imagine new structures, new arts, new sciences, new institutions that will reflect the justice and harmony in the mind of God. Don't believe me. Make the effort in humility and faith to connect with this true ordinary truth, and you will discover it for yourself. Then when you're walking in the rain, round your house. It will gut you with the flame sword and you will sob and sob with rapture and gratitude that you as a human being can know where you are going through the grace of the Father-Mother. Where you are going is to be born as a divine human. The next step. The next revelation. It won't be the end, because the birth will continue to expand.

I was taught this first by someone who knew it and was living it like Saint Symeon the Theologian. This someone was the greatest Christian mystic of the 20th century. He was my Beloved, he was my father, he was my brother and he was my friend. His name was Father Bede Griffiths. I met him when I was 41, and he was 85. I was invited to make a film about his life. I couldn't believe the grace that I was given because ten years before, I'd been in the New York bookstore and his extraordinary book, *Return to the Center*, had literally fallen off the shelf and hit me on the head. Although I'm a very stupid human being, I realized that must be a sign. I read it and encountered in him the vision of cosmic Christ consciousness as interpreted not only through the Christian mystical tradition but through all the traditions that all celebrate in their secret depths this embodied divine consciousness permeating, inspiring and evolving everything.

I was living in Paris and I took the plane. I came to his ashram which was in South India. I realized with amazement that it was 50 miles from where I had been born in India. Here I was going to meet the person I admired most in the world 50 miles from where I was born. Even I who am I'm pretty hardheaded realized that something amazing was up. What was up was that after a lifetime of avoiding Jesus by being initiated into Sufism, for which I'm eternally grateful, by being initiated into Mahayana Buddhism for which I'm eternally grateful, by being initiated into Hinduism and Indigenous practices for which I am eternally grateful. Finally, the time had come for me to meet the being who is at the core of the deep tradition of the West. But it was given to me not in a series of teachings, thank God. It was given to me in someone whom I couldn't help but recognizing was himself a living Christ. As you will see in later transmissions, I will share with you the secrets of this birth process that he shared with me to give you.

Can you imagine, my friends, how grateful I am for that meeting? I'm grateful in so many ways. So many ways that I could share with you in so many ways. But the most grateful, the most gratitude I have comes because Bede, in the last day of filming, out of the depths of his transfiguration experience, out of the depth of his spiritual genius, out of the depth of his prophetic illumination, and in the sweetest, kindest humblest way, he gave me the map of this birth because he was living it. He knew that I was about to go through my own inner apocalypse, the dark night of ten years that nearly killed me but also rebirthed me. He knew that I needed to have this map written as only he could write it in letters of diamond fire on my heart. He knew that I loved him with all of me, and that I knew that he loved me with all of him. We both knew that in this holy love, we were sharing the love of the Christ.

On the last day of our time together, we were waiting for the Australian film crew to come. They were a wild and rowdy lot who really didn't know what they were doing when filming this obvious saint. They were fabulous, but they weren't exactly attuned to sanctity. It wasn't part of the life in Melbourne in their world. But we all loved them. They were late because they'd been drinking beer the night before. I went into Bede's small hut. I sat with him. We just gazed into each other's eyes. He looked up into me and he said, and I'm saying this to you. I wish I had the power to write this in diamond fire on your heart, but he will give me that power. I know that you are listening from your agonized hearts. I know that you know now where we are in the world. I know that you know that everything we love is at stake and that everything because of that could also be possible. In the worst of times, I know you know this. The most extraordinary unimaginable possibilities are also born. You are wise people. You don't need to hide in denial, illusion or magical thinking.

You have come to the decisive moments of your evolution, as I have come, and you have come to the decisive moment where if you choose the most noble and amazing path, the path of the birth, you will play a part as a lover, midwife, warrior, in helping divine love and wisdom birth a new humanity. What a challenging, humbling, amazing moment. He is speaking through me to you. Remember, he was talking to me in 1991. You'll see why that's important. I wish I could give you his voice because it was such a very British voice. More British than mine. He said, "You know, Andrew, we have come to the hour of God." As some of you may know, I was trained in Oxford. One of the things that Oxford trains you to do is to ask snotty questions rather superiorly. I hope I've gotten over that, but it was by training. Thank God I did. But I asked him, "And what do you mean by the hour of God?" He drew a deep breath, and he looked at me, and his face grew very, very calm.

He said, "We, the whole of humanity, has come to the hour where we will have to choose between suicide and adoration. Between following a clearly bankrupt road of power or choosing the noblest and greatest truth of our divine identity as transmitted by all the mystical traditions and especially by Jesus. And enacting that identity in radical, nonviolent, peaceful, transformative revolution in all realms. It is the time." I took that in. Then he said, "The Christ has taught me over my long life that humanity now has three choices. The first choice is to see without illusion the absolute insanity and destructiveness of the choices that it has made fall on its knees and beg for grace and receive it." He laughed wryly and said, "That's most unlikely. You know how we human beings are. The second choice is to continue with our addictions, lunacy, hubris and separation. That will result in the annihilation of the human race and a great deal of nature. It cannot not, because we have unfortunately created all the means for our own destruction and put in place all kinds of technological, political and economic systems that degrade the very air we breathe and destroy the Mother Earth nature on whose life we depend."

"Instead, there are many, many days when that seems the most likely. Because quite frankly, dear boy, humanity is on the brink of psychosis." Then he said, "All of this will come very clear in the next 20 years. It's not going to be long now." Then he paused and he smiled. He gave the most radiant smile I've ever seen on a human being. It seemed that when he smiled, the whole of his body, heart, mind, soul smiled with him. He said, "Look, the God that I have met in the Christ and through the Christ has shown me a third choice. What the Christ consciousness that is growing within me through grace has revealed is that what will happen is that humanity will be brought to a massive, explosive, unavoidable, immense, global dark night in which it will face a whole interlinked set of crises. All of which separately would be destructive, but all of which together are apocalyptic. That's what's going to happen."

Then he said, "But just as my dark night," he'd been drawn to the edge of death by a heart attack two years before. And just at the moment of dying, instead of dying, he'd been flooded with overwhelming love, and he cried out to everyone, "I'm being flooded by eternal love." He cried out to the Mother force that was flooding him just as that happened to me. I believe. No, I don't believe. I know that if we take this third choice, it will happen to us. That what will happen is that we will be taken through a staggering crucifixion experience that is the dark night that will crucify our illusions, our magical thinking, our fantasy, our separation, our narcissism. But that won't be the end but the beginning. The beginning of what St. Paul calls in the Romans the beginning of the new creation, the redemption of our bodies, the glorious liberty of the children of God.

Then, as if that wasn't enough, he said these words with which I will end this transmission to you. I hope I'm reaching you. If I could sing this, or if I could get Bach to compose this so it would go beyond language into your bones, I would. But I'm left with these words, but they're his words. Perhaps they will truly give you the courage that they've given me. He said, "Look, there will be a Second Coming. But the fundamentalists, as usual, have got it all wrong." He laughed. He's not damning or judging anybody. He said, "They've got the whole thing completely wrong. They think that Jesus is going to come back like some Hollywood actor and save only them and leave all the gay people and all the Black people and all women behind or anybody who doesn't obey their husbands. All that rubbish. It's all madness," he said. "Something much, much more amazing is prepared for us if we can choose it. What I believe will happen is that Jesus won't come back. Jesus has fulfilled his job. He is now in every atom of the creation. He has exploded into everything through the resurrection. Why would you need to come back in a body? He's in everybody. He's in everything. He's in all universes."

What will happen is that the golden yeast of the Christ consciousness, the embodied incarnation consciousness, the consciousness that was speaking through Jesus in the Acts of John when he celebrates Father and Mother and asks us to dance, that consciousness, that consciousness will rise in millions of human beings, humbled, awakened, shattered, opened by tragedy to great hunger, need and compassion. That consciousness will rise, and a new human race will be born through the birth canal of the dark night, through the grace of the Christ consciousness. Just as through the crucifixion, Jesus was born forever in the resurrection. That is what is going to happen if we make that third choice. Everything I am going to say in the next six weeks is going to be dedicated to helping us all as far as I can make that choice. I have made that choice. Everything I am and everything I do is for the birth. I may not live to see it, but in the name of my beloved Jesus, I promise you that I will give everything I can to you to help you in any way I can.

Realize that you can be born into an unimaginable new world that is right here, right now. Longing for you to turn up in conscious recognition of it so it can start working miracles through you of grace, courage and transformative thought. May we all be blessed in this astounding journey. I am so ready to hear your questions, whatever they are, and to give you whatever I can you.

Isabella: Thank you, everyone. We're going to be moving into Q&A. We start with [Participant].

Andrew: Oh, isn't that amazing, [Participant]. You know what that means. What does it mean in Russia, [Participant]? Doesn't it mean resurrection? I think it means resurrection. If it does, then that's a very good sign.

Isabella: It is indeed. It does mean resurrection actually.

Andrew: It does mean resurrection. Resurrection is speaking through a woman. The body, the feminine is resurrecting us at this moment. We will get to that. Sorry, I get excited when these things happen.

Isabella: You're doing fine. No worries. [Participant] writes, "Resurrection. Can you kindly please speak about the power of 12? Direct me where in which mystic book I can read regarding this."

Andrew: The power of what, darling?

Isabella: Twelve, [Participant] writes.

Andrew: I actually don't know, but I think the best thing that you could do would be to look up sacred numerology in the Christian mystical tradition. Perhaps a book that could have an explanation of it would be *Meditations on the Tarot*, which if you haven't read it, it was Bede's favorite book. It was written by a man called Tomberg. Tomberg was an ecstatic resurrection transfiguration mystic who lived in the most boring place in England in exile called Reading, and wrote this stupendous book, *Meditations on the Tarot*, there and published it. Anonymously but now we know who wrote it. I bet that if you look in the index, because almost everything but the recipe for celery soup is in that book, you will find it. Another place you might find it is in the work of Robert Powell who is another great transfiguration mystic who is alive and understands this mystery exquisitely and beautifully and has spoken and written so marvelously about it.

But you know, [Participant], I'm not critiquing your question, but it's not more learning you need, sweetheart. It's more immersion in the Christ fire through mystical practice. Whether it's the 12th or the 15th or the whatever it is that he was referring to won't be quite so fascinating as the fact that what he is giving

you his blood and his body so that your blood can be permeated by divine radiance and your body realized as a divine body. I'm not discouraging you. I'm just pointing that out tenderly. It's so important not to get lost in the glorious thickets of esoteric knowledge when you can have the full divine frontal experience. I'm sure you're having it, but I'm just suggesting that.

Isabella: Thank you so much, Andrew. [Participant], you have the mike.

Participant: Okay. Hi. Thank you. I'm sort of in a confusion because I got what you're talking about. I just got the chills all over. But I do love to go to church. I still go to my Catholic Church. When I receive communion, when you were talking about the Last Supper, I'm jubilant. I'm happy. Is that okay?

Andrew: Oh, my god, yes. I go to Catholic churches. I go to Protestant churches. I love Quaker meetings. But I also go to Hindu temples and Buddhist temples. Of course. As long as you don't listen to some of the sermons and just pray to Jesus while they're talking, fine. I'm joking. Nothing is more than experiencing the mass. But I would invite you, next time you experience the mass, to really listen to the words. Because when I become Pope, and you know, [Participant], this is inevitable, don't you? I will be Pope. It's about as likely as Madonna singing grand opera. But when you listen to the words they make you say in the mass. You'll remember Lord, I am not worthy. Right?

Participant: I don't like to say that.

Andrew: Don't say. It's complete rubbish. Can you imagine the Jesus that I'm describing or the Jesus that we're reading about in the gospels, the Jesus who loved the thieves, the badasses, the prostitutes, the broken and the destitute with an unbelievable passion? Can you imagine him not feeling that everyone is already worthy? Why would he have done all of that? Why would he have given all of that? That's horseshit. It's more than horseshit. It's dangerous. Because it is a false humility. It's humiliating everyone instead of introducing them to authentic humility, which is when I come to the mass and I go to the Latin mass, because I love the Latin mass, which is about two miles from my home. I go and there are two old ladies and me sitting at the back. But I love, love, love it. But when they come to all that stuff, I say, and please don't follow what I say. Say what is deepest in your heart. I say I am so amazed at what you're trying to give me and reveal to me in me. I bless you and I thank you. I hope through your grace that I can truly realize it in you and for you. Because I love you.

I don't say I'm not worthy. I've had enough of saying I'm not worthy. I know every time I even think I'm not worthy, I create a shadow between my humanity and my divinity. Jesus came to eliminate and burn away that shadow so that the human and the divine can come together. By all means, go to mass, but don't be

sucked into the patriarchal game. Allow the full rapture of his giving of himself to penetrate every cell of your being. I get excited. Does that make sense to you, sweetheart?

Participant: Well, because I have been doing what you're saying. I say, and I say it out loud now, Jesus, you've made me worthy to receive you.

Andrew: Yes. You're worthy anyway. You're the child of the Father-Mother. It wasn't Jesus who made you worthy. He saw that you're already worthy. Jesus didn't come and make you worthy. The whole creation is already saturated with the Godhead. He just saw it, knew it and celebrated it. He was the most optimistic, positively least sin-obsessed of any teacher. In his name, they've erected all this apparatus of sin, punishment, original sin and the whole shebang. It has nothing to do with his presence, message or anything. Sorry, but it's very important. The language is important. Because you are already worthy. By having been born a human being, you are already blessed with the original blessing of divine consciousness. Your whole path is just waking up to the astounding blessing of already being completely worthy and completely beautiful and holy as you are right now. Do you like that?

Participant: I love it.

Andrew: Doesn't it sound more like Jesus than I made you worthy? He's not some guru. He's not playing a power game. He is releasing. He's trying to get you out of all those games so that you can see your own beautiful face in the mirror of his own utterly amazing, beautiful heart. When Christians get that, oh my god. But when the world gets that, everything will change. That's what we have to get now really or yesterday, or before they invaded Ukraine. Or before they burned the forest for a unique amount. January is the worst burning of the forest. It's so crazy. But it comes from that business of not being worthy. I'll tell you something. Once I was talking to the Dalai Lama. I said, "What were you most amazed by when you first came to the West?" I thought it was a very smart question. But I had no idea what he was going to say. What he said went right through the heart of the lunacy that we're living. He said, "You know what most amazed me is how much self-loathing people had, and how it was connected to this false vision of Christianity. How could they ever have believed that Jesus wanted them to believe that they were small, unworthy and sin-riddled?" He speaks so simply. "I don't understand it. Can you explain it?" I said I wish I could. But this is the catastrophe. Do you get it?

Participant: I do get it. it's confirmed and affirmed. I was just feeling like when I went to church that if the people heard me praying, because I pray from my heart, that someone would say something. But I don't care.

Andrew: I don't care. If you love the mass, if you love the rituals, if you love it, go. He's in the churches.

Participant: I love the communion.

Andrew: I go to communion wherever I can.

Participant: I love it.

Andrew: I love it. It's the greatest most holy ritual, I think, ever given humanity by a sublime teacher.

Participant: I agree.

Andrew: How more amazing could you get? As you're drinking him and eating him and he's coming into you, it's so visceral and passionate. It's so nothing to do with I am the great one and you're just some small little worm. He's saying, I want to give you everything I have so that you can be everything I am and more. He says this in John's Gospel. He says. I think it's Chapter 617. I can't remember the exact verse. But he says you'll do greater things than I did. I quoted this once to a fundamentalist. They're nice fundamentalists. There are some. He said the most honest thing ever. He said, I wish you hadn't said that. Meaning it freaks him out that the person he thinks of as God would say that. I'm just showing you how to do this. I'll show you as precisely as I can. But if you follow me, that's no limit to what you could do. You could do more amazing things. You might skip across the water. I only walked it. I just raised one person from the dead. You might raise a whole city. You don't know what these powers could do. That freaked him out, but that's the whole message of Jesus. It really is. That's what makes him our brother, the son of man as well as the son of God, our friend. Somebody is saying to us, you don't yet know or even can imagine how amazing you really are. But I know and I'm going to help you find out if it kills me. And it did, but it also resurrected him. Oh, amazing, huh?

Participant: Love it. Thank you.

Andrew: Oh, god, honestly, this is the truth. Nothing less than this would be as amazing as he is.

Isabella: Thank you so much. We have a question from [Participant]. "How to deal with fear? I really anticipate the birth, but the madness of death scared me so much."

Andrew: Darling, how could it not? We're all scared as hell. Let's face it. It's agony living through this terrible period. It's agony seeing 85-year-old women who can't walk being carried by that family as their houses are burnt down with their cat in their

arms. It's agony knowing that the climate is being destroyed by our lunacy. It's agony knowing that there's a million species of animals on the brink of extinction. It's agony knowing the ten people own more than half the world and that they have billions, while billions of people live on the edge of starvation. This is insanity and it's agony. Yes, I know. But I also know that if you do sincerely and deeply and with great faith true mystical practice, you will be fed in the middle of this agony peace, joy, faith, knowledge and strength. I know this because I have to do this every day to find this out. St. Paul gave the best possible instruction in two words. He said, pray endlessly. If you learn how to turn in every moment to divine love, divine love will teach you two things about this agony. First, that you can just endure it. You can endure it. You can. I can. You can. We can together. We'll help you. We'll be with you.

The second thing that you'll learn is that this agony, and this is the whole meaning of everything I'm trying to say to you, it's like the agony of a mother going through birth. I never forget being with my great friend, Gabrielle Roth. Gabrielle Roth invented the 5Rhythms and she was a great pioneer of sacred dance. At the end of her life, when she was dying, she and I were cooking up a book which are going to marry the five rhythms to the five stages of divine love in Sufism and Rumi. It was wild. We had the most amazing love. The book exists in fragments. One day, I'll release it. But there was this unbelievable afternoon when she was dying of leukemia, but she was pouring herself out because she wanted this vision to get to the world. I and she were birthing it together. She said, "You know how I got to the five rhythms? I got to the five rhythms through the 19-hour labor that I was in with my beloved son, Jonathan. It was terrible. It was utterly revealing and it was amazing. Because what happened was as I went into labor, it went on and on and on and on and on. I thought, I can't bear this. I can't do this. I cannot get through this. Then suddenly, because I kept trying, I kept praying, suddenly a force larger, more vast and more powerful than anything that I'd ever imagined, possessed me, poured into me, and then it did the birthing. Then the baby, my beloved baby, came out, and I was in rapture."

That's what you'll discover if you really do the work. Take your agony. Offer it up as a sign of your love to love. Call to love. Say the divine name. I'm going to give you a practice that will really be valuable. Just wait. It will be given to you. Be patient and work in the core of your heart. You'll find these great secrets out for yourself. There's no other way. There never has been, but there's certainly no other way now. That's the great thought.

Isabella: Andrew, I know that we wanted to do a meditation, but if it's okay with you, can we take one more question?

Andrew: Of course, I'd be thrilled.

Isabella: Thank you so much. [Participant], I see that you have your hand up, if you'd like to ask your question.

Participant: Yes, thank you so much.

Andrew: Hey. Hello.

Participant: How are you?

Andrew: God, I love your hair. I'm jealous. I was having long hair, but I had to cut it. But your hair is the hair I want. Terrific. Wonderful hair.

Participant: Thank you. It's an honor to be here. Thank you.

Andrew: It's my honor, sweetheart. Its my honor.

Participant: God has given me a book where he has poured all this information into me. Some of the things that you were sharing around the being and the relationship. My throat is starting to close up even as I talk about it, because I haven't put it out. I haven't finished editing it. I have it and I've had it for some time. Whoa, my throat is closing up as I'm talking.

Andrew: We need the revelations of women and especially women who represent the Black Madonna. We need you to give birth to that for us.

Participant: Thank you.

Andrew: Be shameless. Get your friends together, edit it and give it to us.

Participant: I don't know. I feel so nervous and scared. I took a biofeedback test. My father is a Methodist minister. My mother is a minister. My brother is a minister. I've grown up in it. But the test said that I had some erroneous spiritual beliefs.

Andrew: That's probably a very good thing. I would take that as a sign of tremendous truth.

Participant: Yes, it is.

Andrew: Trust yourself.

Participant: Yes. Okay. Okay. My question was, really, how do I get to immerse myself in this mystical consciousness that you're talking about to give myself whatever it is that I need to get it out? Because I'm not exactly sure what is holding me back when it was truly a gift that he communicated to me. I just got up one morning,

and he told me every single thing to write. And then I put some other stuff to it that was mine that he said that I could, but I just don't understand. My question is how do I, because even as I'm talking about it, my throat really, really, really hurts. It's starting to ache.

Andrew: Darling, sweetheart, listen. As a Black woman, you have been through about as much as any human being can go through already. As a woman you suffered what all women suffered. The silencing of their being, their deepest intuitions, the disintegration of their bodies, the whole terrible madness of patriarchy. As a Black woman, you have had that added horror of racism visited on you. But that's why he chose you, because you would be through that experience the most effective voice for him. And because he knows, the Christ knows that what we need now most of all, even more than the radiant rantings of a 70-year-old crazy Englishman, are the voices of illumined women. What you need now is very simple. You just need to get into radical, humble, wild, holy connection with him through mystical practice. That's why you're here because I'm going to give you everything. You run with what you are most delighted by. He'll meet you and he'll give you from within you everything you're going to need to stand up for you.

By the way, there's a book which you will love called *God is a Black Woman*. I think you need to read this book. It's outrageous. It's amazing. I'm sure a lot of people will think it had a lot of erroneous things in it, but it's absolutely wonderful. I can't remember the name of the woman who wrote it. It's a title. It's getting everywhere. She even quotes your crazy English friend. It must be good. I haven't met her yet, but I'm dying to because it's an amazing book. Read it. Read the great books of the other Black Christian women mystics who are coming out now. There's another book called *Fierce Love* by Jackie Lewis, who is a radiant amazing Black woman minister in New York. She's a take no prisoners. She's a kind of Aretha Franklin in her body. But she's also lovely, kind, tender and dignified. This is your time. Look at what's going on today. We're talking on the day when Judge Ketanji Brown is going to get the nomination. They couldn't do anything with her. They tried. They threw missiles at us. She just sat there and they all bounced off because she is strong in her Christ consciousness. Look at Stacey Abrams. She is a monumentally brave and wise woman who is teaching us all how to react and organize against the birth of fascism. There's never been a more propitious moment for you to give birth to what you've been given to birth. Never. Amanda Gorman. Oh my god, that woman who read that poem at the inauguration. It was amazing. It's amazing what's happening. You're part of that happening. We need you, all of you, to step up and teach us your truth, which only you can give us. Is that a yes?

Participant: Yes, yes. Thank you.

Andrew: I'll help you. I'm here.

Participant: Awesome. Thank you. I take that as a promise.

Andrew: I'd be honored. Are you kidding? That's what I live for.

Participant: Okay, thank you. Thank you so much.

Andrew: The practice I'm going to give is something that you're going to be thrilled by. I beg you to use it. It works. It's what you need now is real mystical practice. Just daily, daily practice. Everything comes from that. You'll suddenly feel more coherent, more crystallized, more strong. Your chutzpah level will go up. Chutzpah, I know it's not an African American word, but it's incredibly important.

Participant: I know the word. Thank you so much. Thank you.

Andrew: Love you. Thank you for sharing that. We all then you tremendous luck and love for your birth. Everybody listening I know is behind you. This is not a time to feel alone. There are so many people today watching, White people, Brown people, good people of every kind who are just saying hurray, this amazing woman is going to be our Supreme Court judge finally, finally, finally. They're all there for you. We want you for your noble and unfettered and shameless and glorious. We need you. No argument there. You all know what I'm talking about, don't you? If America is going to be redeemed, which I hope to God it is, it's going to be redeemed, let me tell you, by Black women. They are the ones who are going to lead us to the promised land. The Dalai Lama said the world will be saved by empowered, humble, Western women. They missed out the Black part. But every time I see the amazing African American women who are rising now, and the nobility, the clarity, the passion, truth and the dignity of what they are and what they say, I just say, hallelujah. Thank God you're here. We need you like oxygen. They are the Christ amongst us. There are a few good guys too, but they are our leaders and our teachers. I learn from them. I'm at their feet, I can tell you that much.

It's time for practice. I want to give you a three-part practice and to encourage you to do this for whenever you want, but ideally every single day. The first part is just to sit in silent meditation for 15 minutes and calm your whole being down. If you want to, you can say the name of Jesus in your heart just softly, softly, softly. Or if you don't want to do that, just be quiet, be quiet, be quiet. Watch your thoughts calm down. Feel your body. This path has nothing about going off into the light. Jesus knew the light and is the source of everything, but they knew that the light had created him as it's created you, and that your body is the most sacred masterpiece of the light. Feel your body.

As you do those wonderful silent meditations, just love this holy temple you live in. It's taken me 60 years to begin to love this holy temple, but I'm there now. I tell you, it's a completely different life. You're in the temple of you. Worship your temple, kindly, sweetly. Just watch your thoughts for 15 minutes. Then use the mantra that Jesus almost certainly used himself and gave to his disciples and which appears in the New Testament. Let me look it up because somebody will write me an email if I don't get it absolutely accurately. But it is the most gorgeous mantra, and it has a very profound meaning. You can find it in my book and the references in my book *Son of Man*, but I'm going to give you the direct instruction now, which is much more fun. This mantra is Maranatha. It's Aramaic. Jesus spoke in Aramaic, not in English. He wasn't White, by the way, either. The words mean, Ma means Lord, na means now, and atha means come. When you say the word Ma na atha, Lord now come. When you say Maranatha, what you're saying are three different things together.

This is what you need to bring together in the depth of your heart. You're saying oh, great cosmic love force that is radiating through Jesus, oh come now. Come to me. Possess my mind and irradiate it. Possess my heart and expand it. Come into the depths of your temple, my body, and wake up every cell to your divine presence and my inherent divine presence so I can be Christed, so I can live as a divine human being in my own unique, crazy, wonderful way. It will be both crazy and wonderful in the eyes of the world, of course. That's the first meaning. Lord, come. Maranatha.

There's a second meaning which is completely wild but is very beautiful. The second meaning is that if you've been following me at all in this transmission, you'll realize that the whole message of the Christ is that the Christ is living in you. It's your essential nature. The Christ is appearing in you as you in another unique form. I'm Andrew Christ. Isabella is Isabella Christ. Michelle is Michelle Christ. Why would there be any one Christ? That would be so boring. Christ is appearing in all of us, potentially when we get awake in mind, heart, soul and body. When you say, Lord come, you're speaking to your inner Christ, and saying, look, I know you're in here. But I'm a little bit hazy about the connection because I'm still trapped in my thoughts, baffled by my emotions and deeply anxious about the potential end of the planet. I need you to appear in me. Lord, come. Come inside me. Come in my mind and flame out in my truth. Come in my heart and let me experience your heart and mind as one heart. Come in the depths of my cells and explode softly through them so that the whole of my being can be utterly alive with your sacred passion energy. That's a nice one, isn't it? That's the other meaning of Maranatha. They won't tell you that in Sunday school, but it's the key.

If you invoke the Christ, that everything could come into you, and then the Christ living in you to appear in you as you, then you can turn to the third meaning, which is oh, divine love and wisdom fire, descend upon the whole of humanity. Heal the madness of the evil and the destructive. Reveal the great truth of divine love and divine interdependence to all beings so we can start to end this insanity and birth a wholly new way of doing and being everything. Lord, oh great cosmic Christ consciousness, descend in radiant empowering fire on everything and wake everyone up to what now must be lived and for the great birth of a new humanity to be possible. You meditate on each of those. Just align. Then say the word in the core of your heart with everything you are, with all your mind, your heart, your soul, your body in adoration. You just say, Maranatha, Maranatha, Maranatha for 15 minutes. You'll see, over time, wild and wonderful things will start to be real to you.

Then in the last 15 minutes, dance. He told us to dance. The universe belongs to the dancer. Make your favorite. Make a loop or whatever you call it of 15 minutes of your favorite dance music. I use Tina Turner because I believe she's a direct ambassador of the living Christ. But I'm not imposing my choices on you. I saw her 17 times, by the way. I'm more than a fan. I think I count as a devotee. She just radiates passion and love in a way that I find unbelievable. But find the most wonderful dance music and just dance out your love for the world. If you're in pain that day, if you're anxious that day, if you're depressed that day, put your pain, put your anxiety, put your depression into the dance and work with it in the dance, knowing that Maranatha and the silence of the first quarter of an hour have lit you up. You'll see that by the end of that three quarters of an hour, you'll be feeling pretty great, however you started.

These things are real, but you can just listen and think go, oh, Andrew is so exciting and all of this. No, no, no. I invite you tenderly but firmly to do it and find out for yourself just how this will wake up the whole of you in the whole of love. Try it. I'll be offering you more practices. But this one, let's begin with this fun. Have a wonderful time with it. Experience for yourself how it reinvigorates and regenerates everything. Now, dear friends, in the last 15 minutes, which is going to be cut short because Isabella has to take a plane for Peru, and I have sworn to her that she will be able to take it. She's so glamorous. She just has to go to. In these last minutes, just share something that has truly lit you up in what I've been trying to convey to you. Something that clicked for you, something that burst in your heart. This is the time to encourage each other wildly. We need it. Give and pour yourselves out to each other with something that you really grasped and really felt deeply that gave you joy and hope. I'll see you next week. I look forward to it with all my heart. Thank you.